

RADIO FREQUENCY FAQ PRE/POST TREATMENT

Radiofrequency (RF) energy treatment is technology for non-surgical tightening of the early signs of loose or sagging skin; Ideal for those who wish to lift and tighten their skin without the need to undergo surgical procedures. Pure RF energy alone is primarily used to treat skin laxity by facial tightening, It is commonly used to treat the forehead, under the eyes, cheeks, mid-face, jaw line, and neck. Based on current RF technologies, most people should see at least a mild improvement in their skin tightness, with minimal risks and downtime compared to surgery. Prices for radiofrequency facial tightening treatment depend on the area(s) treated and the device used.

What should you do before treatment?

You should try to avoid doing anything that will irritate your skin immediately before treatment. This includes sunbathing (natural or artificial). Professionals are unlikely to treat someone who has sun burn for example, as they would be more likely to suffer pain from the addition of heat to the already damaged skin; however an established tan would be fine.

Some women find that their skin is more sensitive right before and during their menstrual cycle so if you are a woman, you might want to take this effect on pain threshold into consideration when scheduling your treatment appointment(s).

What should you do after a RadiofrequencyFacial treatment?

No special care is needed after treatment although your practitioner may suggest some of the following:

- Light application of soothing/moisturizing lotions, creams or gels to the treatment area;

ZiA Academy RF facial FAQ/ Treatment

- cool, moisturizing mists applied as you feel necessary
- Serums like vitamin c are also great for the skin

Who should have a Radiofrequency For Facial treatment?

As long as you are generally healthy and don't have any skin diseases or infections in the area treated, there are few medical reasons why patients should not undergo this treatment.

People with sensory disturbance to the skin may not be

considered good candidates as this could make the reporting of discomfort during the procedure unreliable, leading to potential harm.

Although there is no evidence that this treatment is harmful for pregnant women, you would generally be advised to wait until after you have given birth before embarking upon a course of treatment.

More importantly, people with electrical devices e.g., pacemakers, or metal implants e.g., artificial metal hip joints, heart valves or dental plates, cannot be treated because RF current flowing through the body may interfere with these devices or heat up metal implants, which could be dangerous. How long will it take to recover from Radiofrequency For Facial Rejuvenation?

Some people experience mild redness immediately following treatment (similar to a sunburnt look), but this usually disappears quickly. Most people find that they can return to work and normal activities immediately after treatment.